



Radiant Skin Dermatology and Laser

General | Cosmetic | Dermatologic Surgery

CHEMICAL PEEL INSTRUCTIONS

- **Do not apply any topical medications, Retinol, glycolic acid products or Lac-Hydrin** during the first 5 days after your peel because your skin may become irritated.
- Wear a physical sunscreen with an SPF of 30 or higher after your treatment. Avoid direct Sunlight on the peeled skin for at least 1 week.
- During the entire time of your healing, apply a bland moisturizer to your skin 3 times a day or as often as needed.
- In rare cases, an area of crusting may develop. If this occurs, apply an antibiotic ointment, such as Polysporin or Bacitracin to the area. Notify our office (212-229-0007) if the area fails to improve within 24 hours.
- You may develop skin flaking or peeling 2 days after the chemical peel. This is the intended outcome. Remember to apply moisturizers to your skin and wear a physical sunscreen before sun exposure.
- You may need a series of treatments in order to achieve your desired result.

For your convenience, you may purchase our recommended post-chemical peel skin care kit. This kit contains a gentle skin cleanser; your skin moisturizer that promotes rapid skin healing and a physical sunscreen that will not irritate

Visit <http://www.radiantskinny.com/our-services/cosmetic-dermatology/chemical-peels.aspx> for more information.

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