



Radiant Skin Dermatology and Laser

General | Cosmetic | Dermatologic Surgery

FRAXEL PRE AND POST TREATMENT

Preparing for your Fraxel Treatment

- Do not tan before your treatment
- Avoid smoking
- Do tell us if have taken Accutane within the last 6 months
- Do tell us if you are pregnant.

What to Expect After Fraxel Treatment

- Immediately after the treatment, you may experience redness and swelling (similar to a sunburn)
- Swelling may last two to three days. To minimize swelling do the following:
 - Apply cold compresses to the treatment area for 10 minutes every hour

How to Care for Your Skin After Fraxel Treatment

You have taken the first step toward more healthy and radiant skin by having a Fraxel® laser treatment. Now it is important to help your skin heal quickly and **protect your skin investment**. For your convenience, you may purchase our recommended post-laser skin care kit. This kit contains a gentle skin cleanser; moisturizer that promotes rapid skin healing and a physical sunscreen that will not irritate your skin.

- **Skin Care Products**: All your skin care products should be non-irritating and noncomedogenic for the first week after your Fraxel treatment. Do not use products that will cause irritation during this time. Do not use abrasive scrubs, toners, or products that contain glycolic acids or retinoids. Read the product labels.

- **Sunscreen**: it is very important that you use a **physical sunscreen** to prevent sun damage to the

skin. Your sunscreen should offer broadband protection (UVA and UVB) and have sun protection

factor (SPF) 30. Protect your investment by preventing sun damage!

- **Moisturizer**: apply generous amounts of non-comedogenic moisturizers to the skin to promote rapid recovery.

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- **Bleaching Creams**: Discontinue the use of your bleaching cream while your skin is tender and you can continue your bleaching cream once skin has recovered completely.
- **Cold Sores**: If you have a history of cold sores, take the prescription medicine prescribed for you. **Contact the office at (212) 229-0007 immediately if active cold sores develop.**
- **Abnormal Healing**: If you notice any blisters, cuts, bruises, crusting/scabs, areas of raw skin, ulcerations, active bleeding, increased discomfort or pain, pigment changes (lighter or darker than usual complexion), or any other problems, please contact us at (212) 229-0007 as soon as possible.
- **Questions/Concerns**: post-treatment healing varies from person to person. If you have any questions or concerns, you may contact us at (212) 229-0007.

Visit <http://www.radiantskinny.com/our-services/cosmetic-dermatology/fraxel-laser.aspx> for more information

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