



Radiant Skin Dermatology and Laser

General | Cosmetic | Dermatologic Surgery

PRE AND POST-PROCEDURE INSTRUCTIONS FOR THE IPL TREATMENT

This treatment is used for photo-rejuvenation in patients with light to medium skin tones. After the procedure, first the pigment of the treated area darkens, then within 1-2 weeks the brown spots fade.

You may apply make up to conceal the treated areas while it heals.

One treatment often results in a 50% reduction in pigmented lesions.

PRE-PROCEDURE

- Do not tan before your treatment
- Avoid smoking
- Do tell us if have taken Accutane within the last 6 months
- Do tell us if you are pregnant

IMMEDIATE POST- PROCEDURE

- Post treatment, the skin will be slightly red and feel warm. You may apply cool compresses or aloe for your comfort.
- Prior to discharge from the office, a physical sunscreen is applied.

HOME POST- PROCEDURE CARE

You have taken the first step toward more healthy and radiant skin by having an IPL photo rejuvenation treatment. Now it is important to help your skin heal quickly and **protect your skin investment.**

For your convenience, you may purchase our recommended post-IPL skin care kit. This kit contains a gentle skin cleanser; moisturizer that promotes rapid skin healing and a physical sunscreen that will not irritate your skin.

- In a few days, the darkened treated lesions will begin to peel/flake off. Do not rub, scrub, or pull on the peeling skin as this may cause scarring. (Picking may cause scarring).
- You may shower and wash the treated area with a mild cleanser. Do not use a loofah or washcloth.
- Apply moisturizer to the treated area at least twice a day to promote rapid healing.
- Apply physical sunblock over the moisturizer before going outdoors or sitting near windows.
- Annual maintenance is recommended to maintain results.

116 Central Park South, Suite 7, New York, NY 10019

T: 212-229-0007

F: 212-202-6350

E: info@radiantskinny.com

W: www.radiantskinny.com



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Visit <http://www.radiantskinny.com/our-services/cosmetic-dermatology/ipl-photo-facial.aspx>
for more information.

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